

# SPORTS & FITNESS

B SECTION

## On Post

### Basketball

Free co-ed basketball league games played Jan 18 through Feb. 24. open to family members age 16 and up. Sign up by Wednesday at the Sports Office, Bldg. 471. For more information call Randy at 767-8238.

### Newman

The Newman Physical Fitness Center will be closed until Sept. due to renovations. Use Caro or Jordan fitness centers, open 7 days a week.

For more information, call 767-2771.

### Sports USA Events

Weekly events — Monday Night Football, 4 p.m., Thirsty Thursdays drink specials, 4 p.m. to 12 a.m. Friday, Top 40/R&B DJ, 9 p.m. to 3 a.m. Saturday College football and NASCAR, open to 4 a.m., Sunday Ticket Football, NASCAR.

### Pilates

Pilates classes are held Monday, Wednesday and Friday in the Palmetto Room at Club Stewart, from 6 to 7:15 p.m. Cost is \$45 per month. Sign up prior to 6 p.m. For more information call Jake at 767-3033.

### Ski Trip

MWR is holding a two-day trip to Ski Beech Mountain Jan. 22 through 23 at Beech Mountain, North Carolina

The bus departs at midnight Jan. 22 from Fort Stewart Leisure Activities Center (Bldg 443) and from Hunter Outdoor Recreation (Bldg 8454) and returns at 10 p.m. Jan. 23.

The price includes: transportation, overnight motel stay, ski lift and equipment rental (Ski or

Snowboard. The cost is adults \$185 and children \$145

Children under the age of 18 must be accompanied by an adult.

There must be 25 people registered and paid in full by Jan. 15 to proceed with trip.

### Bowling

Bowl for \$1 and get shoes for \$.75 on Fridays, 11 a.m. to 6 p.m. Bowl for \$1.25 and \$1 for shoes Sunday, Family Day, all day at Marne Lanes Bowling Center.

### Volleyball

Free co-ed volleyball league signups will be ongoing through Wednesday, open to ages 16 and older.

Call Randy Walker at 767-8238 for details. Sign up at the Sports Office, Bldg. 471.

### Golf Clinics

Free Saturday golf clinics at Taylor Creek Golf Course in January. Spouses and Juniors, 10 to 11 a.m. Clinic cancelled in bad weather. For more information call 767-2370.

## Off Post

### PT Alert

Units can schedule a PT session with a YMCA aerobics or kick boxing instructor at either Fort Stewart or our Hinesville facility.

There is no charge for this service.



Courtesy photo

Tresa McCormick and her three children were surprised on New Year's Day during halftime of the 34th annual Tostitos Fiesta Bowl in Tempe, Ariz., when she was reunited with her husband, Army Staff Sgt. James McCormick, who is deployed to Iraq, and their three sons, Aiden, Brennon and Conor. Tresa believed she was attending the game to participate in a halftime 'throw for charity' benefiting the Unite Service Organizations.

## Iraq veteran reunites with family during game

### Sgt. 1st Class Doug Sample

American Forces Press Service

WASHINGTON — When Tresa McCormick, and sons Aiden, Brennon and Conor walked onto the football field at this year's Tostitos Fiesta Bowl, they thought they were there to help raise money for charity.

But then, before thousands of cheering fans, their husband and father, Army Staff Sgt. James McCormick, who they had not seen for nearly a year, paid them a surprise visit on the field in Tempe, Ariz.

The ruse was part of the Fiesta Bowl's "Family Connections" halftime show. Bowl organizers had coordinated with the Army to bring McCormick home from duty

in Iraq for a surprise visit.

During a tearful reunion, McCormick kissed and embraced his wife and his boys.

He then thanked the Army and bowl organizers for making the event possible. "Besides being married and having kids," he said. "This kinda takes it, this is awesome."

McCormick said he knew about the surprise visit for over a week, and keeping it a secret was one of the hardest things he's ever had to do. "She's my best friend, and I couldn't tell her anything," he said.

During brief comments on the field, McCormick also thanked the public for their support of American servicemembers serving in Iraq and elsewhere.

"I can't tell you how good it feels

when somebody just comes up to me in the airport and just pats me on the back to say, "Thank you," he said. "That means a lot."

He said his comrades overseas are doing a "great job."

"A lot of people don't see all the sacrifices that they are making out there, the long hours, the 14- (and) 20-hour days, sometimes back to back," he said. "Those guys are busting their humps, and they are doing the right thing, and they truly are American heroes — we need to be proud of them."

During the halftime show, the bowl's organizer gave Tresa a chance to throw a football though a target on field in an effort to win \$50,000 for the United Service Organizations.

Her throw fell short of the target,

but the USO won out anyway. Fiesta Bowl organizers donated \$25,000 to the organization to help provide servicemembers with morale, welfare and recreation-type programs, such as the USO Phone Home program, which provides calling cards to servicemembers overseas to help keep them connected to families back home.

McCormick, an Apache helicopter mechanic with Company D, 1st Battalion, 227 Aviation Regiment, 1st Cavalry Division, deployed to Iraq in February 2004 and is expected to return home in March.

Bowl organizers also recognized the Defense Department's America Supports You program for its efforts to highlight citizen support for the country's armed forces.

## Army wrestlers to tangle with Oklahoma

### goarmysports.com

Special to The Frontline

WEST POINT, N.Y. — The No. 24-ranked Army wrestling team returns to the mat Thursday evening as the undefeated Black Knights (5-0) face 10th-ranked Oklahoma in a 7:30 p.m. match.

Army has been idle since defeating East Stroudsburg, 29-6, on Dec. 8. The Black Knights are currently ranked in two of the national polls and are enjoying their first national ranking since the 1996 season.

Juniors Jon Anderson and Tony Severo lead Army with 11 wins

apiece, and each wrestler sports a nifty 4-1 dual match record.

Senior Phillip Simpson, who is 8-1 overall, is the only Army wrestler to boast a perfect dual mark (5-0). The Nashville, Tenn., native has notched five falls and a pair of major decisions in his nine bouts. Simpson, ranked third nationally at 149 pounds, is just 13 wins shy of tying the career wins record at the Academy.

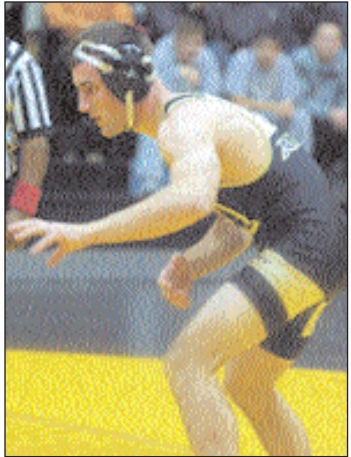
Junior Luke Calvert, who is ranked 16th in the nation at 184 pounds, is off to a splendid start as well. The Broken Arrow, Okla., product has authored a 9-3 record through 12 matches. He is 4-1 in dual match

competitions.

Charles Martin, Patrick Simpson and Gabriel Lucero have all posted 10 wins as well. The trio of juniors has helped Army remain perfect thus far this season.

Oklahoma enters Thursday's competition with a dual match record of 1-1. Oklahoma leads the all-time series versus Army, 1-0.

The Sooners downed the Black Knights, 21-8, during the 1963-64 campaign. Following Thursday's match opposite Oklahoma, Army travels to Arlington, Texas, to compete in the Lone Star Duals Saturday, Jan. 8.



Courtesy photo

Phillip Simpson is the only Army wrestler to have a perfect dual mark.



Courtesy photo

Delaney Brown, center, was given Region honors by the NSCAA.

## Brown garners NSCAA women's soccer certificates

### goarmysports.com

Special to The Frontline

WEST POINT, N.Y. — Postseason honors continue to pour in for the Army women's soccer team with the most recent accolades being bestowed upon Delaney Brown (Mechanicsburg, Pa./Cumberland Valley H.S.).

The junior midfielder was recently chosen by the National Soccer Coaches Association of America for a pair of Region honors with her selection as a scholar athlete and player.

Brown was named an NSCAA All-Region I scholar athlete as one of 10 players selected to the second unit.

It is the second time this season she has been recognized for her academic achievement, having also been named to the 2004 Academic All-District I Women's Soccer Team by the College Sports Information Directors of

America. A Dean's List member all four of her semesters at the Military Academy.

Brown was also named to the second team after posting a 3.375 grade point average in Comparative Politics.

The 5-7 three-year starter was named to the NSCAA Northeast All-Region team for the second time in her career with her selection to the second unit after garnering third-team honors her freshman (2002) year.

Brown led the Black Knights in just about every offensive category in 2004, to include goals (seven), points (17) and game winners (3), while tying for the lead in shots (59).

She closed out the season tied for seventh in the league in points and goals, 10th in goals per game (0.35), tied for third in shots and shared sixth place in game winners.

It is the second time in three

years that Brown topped Army in goals and points.

The two-time first-team Patriot League selection broke into Army's all-time Top 10 list for goals and scoring this season.

Brown helped Army earn a bid to the Patriot League Tournament for the third straight year as the Black Knights put together a 10-game unbeaten string in closing out the year 8-8-4.

She scored all seven of her goals over the first nine games in that span, lifting Army to a 1-0 edging of defending league champion Navy that ignited that run along with snapping the Mids' eight-game series unbeaten string.

That run took the Black Knights into the opening-round of the Patriot League Tournament where they battled top-seeded Colgate to a 1-1 double overtime tie before being eliminated on a shootout.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-9366. Deadline is noon on Fridays.



# Columbia powers to 75-59 victory over Black Knights



Courtesy photo

**Black Knights' Travis Owsley scored a season-high 13 points for Army Tuesday.**

goarmysports.com  
Special to The Frontline

WEST POINT, N.Y. — Gerard Barrett, whose 13 points led four Columbia players in double figures Tuesday night, helped the visiting Lions pull away in the second half for a 75-59 victory over Army at West Point's Christl Arena Tuesday. The win pushed Columbia's record to 8-4 while the Black Knights dropped their fourth straight game to fall to 2-10.

Leading 35-34 with 1:04 left in the first half, Columbia went on an 11-0 run to span the break, pushing its advantage to 46-34 with 15:14 remaining in the game. After Army cut the deficit to eight points at 49-41 with 13:23 to go, the Lions reeled off a 16-5 spurt, punctuated by a Barrett dunk, that gave the visitors a comfortable 65-46 lead midway through the second half.

Reserve guard Kashif Sweet tallied four points to headline Columbia's 11-point surge around

the break.

Although Barrett tallied only three of his 13 points in the second half, he registered six of his game-high nine rebounds after intermission, helping the Lions record a decisive 24-7 rebound advantage in the final 20 minutes. Overall, Columbia outrebounded Army 37-21.

Dragutin Kravic posted 12 points off the bench with Jeremiah Boswell and Tito Hill adding 11 and 10 points, respectively. It was the play of Kravic and Hill that sparked the Lions after halftime as the pair accounted for nine and eight points, respectively, in the frame.

While Columbia shot 50 percent from the field for the game, the Lions were converting at above 60 percent for much of the second half until settling in at 55.6 percent. Army shot 42.9 percent from the field and 11 of 12 (91.7 percent) from the foul line. In their last two games, the Black Knights

have connected at a 93.1 percent clip from the charity stripe, having made 27 of 29 charity tosses.

Both members of the Black Knights' starting backcourt reached double figures as Travis Owsley posted a season-high 13 points and Matt Bell forged 10 points.

Army overcame 12 first-half turnovers to trail only 34-30 at halftime. The Black Knights shot 50.0 percent from the floor in the first 20 minutes, built a 14-13 rebound edge and converted 11 of 12 times from the foul line. Backup guard Marshall Jackson ignited Army with his nine points off the bench. Owsley posted eight points in the frame, along with three assists. Jimmy Sewell yanked down all six of his rebounds during the stanza. Sewell also tied his season-high with three blocked shots, giving him 18 rejections on the year. He needs just five more blocks to establish a new single-season Academy record.

Army grabbed an early 9-8 lead just over six minutes into the contest following Colin Harris' bucket in the paint. However, Matt Preston's layup less than 30 seconds later began a seven-point Columbia run that gave the Lions a lead they would not relinquish the remainder of the night.

Army cut Columbia's lead to one point four times afterward, the final occasion at 35-34 with 1:04 left in the first half, but could never reclaim the advantage.

Army will open its 15th season of Patriot League play this Saturday, Jan. 8, when it visits Colgate's Cotterell Court for a 2 p.m. tilt.

The Black Knights posted a 68-63 win over the Raiders in Hamilton last year, giving the program its first victory in Cotterell Court since the 1976-77 campaign. Army won both encounters versus the Raiders last winter, completing its first-ever season sweep of Colgate.

## Army skates past St. Clair, 5-2

## Cruthers, Garceau make triumphant return to Black Knights lineup

goarmysports.com  
Special to The Frontline

WEST POINT, N.Y. — Ryan Cruthers scored twice in his first game of the season, and Chris Garceau potted one of his own in his first action since Oct. 23 to lead Army past visiting St. Clair, 5-2, Dec. 30 in front of 1,994 spectators at Tate Rink.

Cruthers, ineligible the first semester of the season, got the Black Knights on the board with 1:45 left in the opening period when he beat Saints goaltender Chris Gregoire from the high slot area off a feed from Chad Fifield.

His second tally of the night gave Army (5-9-2) a 4-2 advantage in the third period.

Garceau, returning to the Black

Knights' lineup for the first time since RPI, gave Army a 3-1 lead midway through the second period.

St. Clair (10-7-2) stormed right back after Cruthers opened the scoring in the first period.

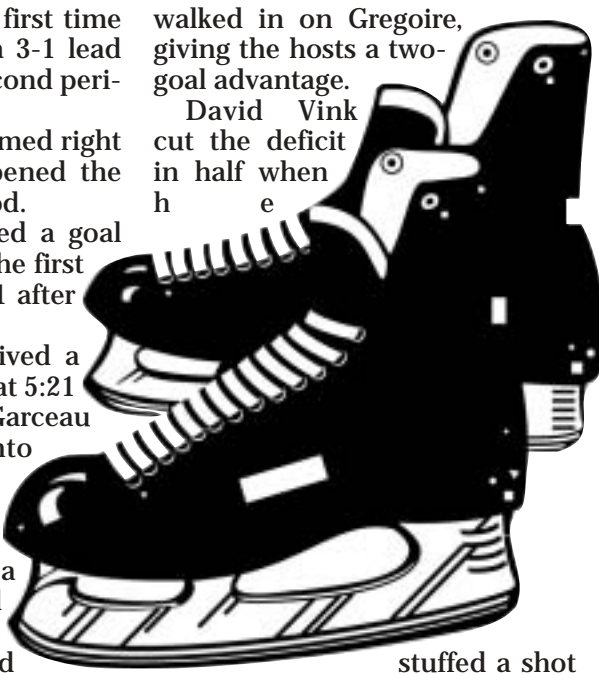
Franco Subrani netted a goal with six second left in the first to knot things up at 1-1 after 20 minutes.

However, Army received a goal from Seth Beamer at 5:21 of the second before Garceau penciled his name onto the scoresheet.

Beamer's blast from the slot beat Gregoire cleanly. Garceau took a feed from Nick Cahill while crossing the blue line into the zone and

walked in on Gregoire, giving the hosts a two-goal advantage.

David Vink cut the deficit in half when he



stuffed a shot

past Army goalie Treye Kettwick during a scramble off to the left of the goal mouth.

Just over four minutes into the third period, Cruthers demonstrated why head coach Brian Riley is so delighted to have the flashy forward back in the lineup when he batted down a St. Clair pass in the slot and wristed a shot over the shoulder of Gregoire, pushing the Black Knights' lead back to two.

"I was happy to finally get going," Cruthers said. "I was looking forward to playing and it just happened that I was able to put two pucks into the net."

"(Cruthers and Garceau) scored three of our goals tonight," Riley added. "They make everybody around them

better.

"Coming off an extended break, I was very pleased with our effort overall."

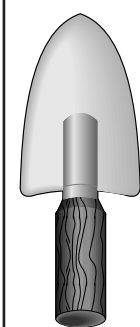
Brad Howard closed the scoring with a slap shot from the left faceoff circle at 11:37 of the final stanza. Justin Fagan and Michael Picone each contributed two assists on the evening.

Howard picked up an assist as well to go along with his third period goal. Cahill and Colvin also had assists. Kettwick stopped 20 shots to improve to 3-8-2 in goal. Gregoire made 18 saves for the Saints.

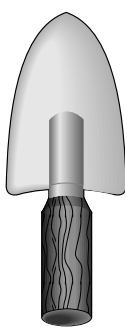
Army returns to the ice sheet at Tate Rink Friday for the first of two home games with Atlantic Hockey rival UConn.

Faceoff is at 7 p.m.

## If you accidentally discover an archaeological site on Fort Stewart:



1. Cease what you are doing immediately.
2. Notify Range Control at 767-8777.
3. Do not attempt to unearth the object or remove it.



## Practice Safe Biking...

## *Always Wear a Helmet!*